Fighting clutter is like fighting weeds—the writer is always slightly behind. New varieties sprout overnight, and by noon they are part of American speech. John Dean holds the record. In just one day of testimony on TV during the Watergate hearings he raised the clutter quotient by 400 percent. The next day everyone in America was saying "at this point in time" instead of "now." Consider all the prepositions that are routinely draped onto verbs that don't need any help. Head up. Free up. Face up to. We no longer head committees. We head them up. We don't face problems anymore. We face up to them when we can free up a few minutes. A small detail, you may say—not worth bothering about. It is worth bothering about. The game is won or lost on hundreds of small details. Writing improves in direct ratio to the number of things we can keep out of it that shouldn't be there. "Up" in "free up" shouldn't be there. Can we picture anything being freed up? The writer of clean English must examine every word that he puts on paper. He will find a surprising number that don't serve any purpose.

Take the adjective "personal," as in "a personal friend of mine," "his personal feeling" or "her personal physician." It is typical of the words that can be eliminated nine times out of ten. The personal friend has come into the language to distinguish him from the business friend, thereby debasing not only language but friendship. Someone's feeling is his personal feeling—that's what "his" means. As for the personal physician, he is that man summoned to the dressing room of a stricken actress so that she won't have to be treated by the impersonal physician assigned to the theater. Someday I'd like to see him identified as "her doctor." Physicians are physicians, friends are friends. The rest is clutter.

Clutter is the laborious phrase which has pushed out the short word that means the same thing. These locutions are a drag on energy and momentum. Even before John Dean gave us "at this point in time," people had stopped saying "now." They were saying "at the present time," or "currently," or "presently" (which means "soon"). Yet the idea can always be expressed by "now" to mean the immediate moment ("Now I can see him"), or by "today" to mean the historical present ("Today prices are high"), or simply by the verb "to be" ("It is raining"). There is no need to say, "At the present time we are experiencing precipitation."

Speaking of which, we are experiencing considerable difficulty getting that word out of the language now that it has lumbered in. Even your dentist will ask if you are experiencing any pain. If he were asking one of his own children he would say, "Does it hurt?" He would, in short, be himself. By using a more pompous phrase in his professional role he not only sounds more important; he blunts the painful edge of truth. It is the language of the airline stewardess demonstrating the oxygen mask that will drop down if the plane should somehow run out of air.
"In the extremely unlikely possibility that the aircraft should experience such an eventuality," she begins—a phrase so oxygen-depriving in itself that we are prepared for any disaster, and even gasping death shall lose its sting. As for her request to "kindly extinguish all smoking materials," I often wonder what materials are smoking. Maybe she thinks my coat and tie are on fire.

Clutter is the ponderous euphemism that turns a slum into a depressed socioeconomic area, a salesman into a marketing representative and garbage collectors into waste disposal personnel. In New Canaan, Connecticut, the incinerator is now the "volume reduction unit." I think of Bill Mauldin's cartoon showing two hoboes riding a freight train. One of them says, "I started as a simple bum, but now I'm hard-core unemployed."

Clutter is the official language used by the American corporation—in its news release and its annual report—to hide its mistakes. When a big company recently announced that it was "decentralizing its organizational structure into major profit-centered businesses" and that "corporate staff services will be realigned under two senior vice-presidents" it meant that it had had a lousy year.

Clutter is the language of the interoffice memo ("The trend to mosaic communication is reducing the mean-ingfulness of concern about whether or not demographic segments differ in their tolerance of periodicity") and the language of computers ("Congruent command paradigms explicitly represent the semantic oppositions in the definitions of the commands to which they refer").

Clutter is the language of the Pentagon throwing dust in the eyes of the populace by calling an invasion a "reinforced protective reaction strike" and by justifying its vast budgets on the need for "credible second-strike capability" and "counterforce deterrence." How can we grasp such vaporous double-talk? As George Orwell pointed out in "Politics and the English Language," an essay written in 1946 but cited frequently during the Vietnam and Cambodia years of Johnson and Nixon, "In our time, political speech and writing are largely the defense of the indefensible. . . Thus political language has to consist largely of euphemism, question-begging and sheer cloudy vagueness." Orwell's warning that clutter is not just a nuisance but a deadly tool came true in America in the 1960s.

In fact, the art of verbal camouflage reached new heights of invention during General Alexander Haig's tenure as Secretary of State in the Reagan administration. Before Haig nobody had ever thought of saying "at this juncture of maturization" to mean "now." He told the American people that he saw "improved pluralization" in El Salvador, that terrorism could be fought with "meaningful sanctionary teeth" and that intermediate nuclear missiles were "at the vortex of cruciality." As for any worries that the public might have about such matters, his message—reduced to one-syllable words—was "leave it to Al." What he actually said was, "We must push this to a lower decibel of public fixation. I don't think there's much of a learning curve to be achieved in this area of content."
I could go on quoting examples from various fields—every profession has its growing arsenal of jargon to fire at the layman and hurl him back from its walls. But the list would be depressing and the lesson tedious. The point of raising it now is to serve notice that clutter is the enemy, whatever form it takes. It slows the reader and robs the writer of his personality, making him seem pretentious.

Beware, then, of the long word that is no better than the short word: "numerous" (many), "facilitate" (ease), "individual" (man or woman), "remainder" (rest), "initial" (first), "implement" (do), "sufficient" (enough), "attempt" (try), "referred to as" (called), and hundreds more. Beware, too, of all the slippery new fad words for which the language already has equivalents: overview and quantify, paradigm and parameter, infrastructure and interface, private sector and public sector, optimize and maximize, prioritize and potentialize. They are all weeds that will smother what you write. Nor are all the weeds so obvious. Just as insidious are the little growths of perfectly ordinary words with which we explain how we propose to go about our explaining, or which inflate a simple preposition or conjunction into a whole windy phrase.

"I might add," "It should be pointed out," "It is interesting to note that"—how many sentences begin with these dreary clauses announcing what the writer is going to do next? If you might add, add it. If it should be pointed out, point it out. If it is interesting to note, make it interesting. Being told that something is interesting is the surest way of tempting the reader to find it dull; are we not all stupefied by what follows when someone says, "This will interest you"? As for the inflated prepositions and conjunctions, they are the innumerable phrases like "with the possible exception of" (except), "due to the fact that" (because), "he totally lacked the ability to" (he couldn't), "until such time as" (until), "for the purpose of" (for).

Is there any way to recognize clutter at a glance? Here's a device I used at Yale that students found helpful. I would put brackets around any component in a piece of writing that wasn't doing useful work. Often just one word that got bracketed: the unnecessary preposition appended to a verb ("order up"), or the adverb that carries the same meaning as the verb ("smile happily"), or the adjective that states a known fact ("tall skyscraper"). Often my brackets surrounded the little qualifiers that weaken any sentence they inhabit ("a bit," "sort of"), or phrases like "in a sense," which don't mean anything. Sometimes my brackets surrounded an entire sentence—the one that essentially repeats what the previous sentence said, or that says something readers don't need to know or can figure out for themselves. Most first drafts can be cut by 50 percent without losing any information or losing's the author's voice.

My reason for bracketing the student's superfluous words, instead of crossing them out, was to avoid violating their sacred prose. I wanted to leave it intact for the student to analyze. I was saying, "I may be wrong, but I think this can be deleted and the meaning won't be affected at all. But you decide: read the sentence without the bracketed material and see if it works." In the early weeks of the term I gave back papers that were infested with brackets. Entire paragraphs were bracketed. But soon the students learned to put mental brackets around their own clutter, and by the end of the term their papers were almost clean. Today many of those students are
professional writers and they tell me, "I still see your brackets— they're following me through life."

You can develop the same eye. Look for the clutter in your writing and prune it ruthlessly. Be grateful for everything you can throw away. Re-examine each sentence that you put on paper. Is every word doing new work? Can any thought be expressed with more economy? Is anything pompous or pretentious or faddish? Are you hanging on to something useless just because you think it's beautiful?

Simplify, simplify.